



**BROWARD** **LIFESTYLES**

**HEALTHY MOUTH  
HEALTHY BODY**

by Dr. Steve Muckey

**THE FOOD TRUCK  
INVASION**

by Christina Arneson

**THE FIRST DATE  
DIVINE or DISASTER?**

by Dr. Vivian Stein

**HOW TO STAY SLIM  
DURING THE HOLIDAYS**

by Tom Furman

**THE FOOD CRITIC**

by Susan Bryant

**BUSINESS MAKEOVERS**

by Denise Dema

*TLC Dental*

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**Cori Parker, of TLC Dental**